



Kentucky 4-H 2015

Making a difference!

To make the best better!

Volunteers Expanding Outreach

- 19,400 adult volunteers
- 5,470 youth volunteers

Engaging Teens and Tweens

- 52 youth serving on State Teen Council
- 568 youth attended Teen Conference
- 569 youth participated in Teen Summit
- 74 youth involved in Issues Conference
- 27 teens attended National 4-H Congress
- 30 teens serve on Teen Leadership Boards including Performing Arts, Fashion and Shooting Sports.

4-H is a **community** of **young people** across America who are learning **leadership, citizenship and life skills.**

What is 4-H?

4-H is a youth organization committed to building outstanding leaders with marketable skills to succeed in today's global society. 4-H empowers youth to reach their full potential, working and learning in partnership with caring adults. *Head, Heart, Hands, and Health* are the four Hs in 4-H which represent the four values members work on through fun and engaging programs.

- Head - Managing, Thinking
- Heart - Relating, Caring
- Hands - Giving, Working
- Health - Being, Living

How does 4-H benefit youth?

4-H'ers, regardless of their background, socio-economic status, race or gender, benefit from their participation in Kentucky 4-H. Positive youth development studies have affirmed that compared to other youth, young people involved in 4-H are about:

- Four times more likely to contribute to their communities.
- Two times more likely to be civically active.
- Two times more likely to make healthier lifestyle choices.
- Two times more likely to participate in Science, Engineering and Computer Technology programs during out-of-school time.
- 4-H girls are two times more likely (Grade 10) and nearly three times more likely (Grade 12) to take part in science programs compared to girls in other out-of-school time activities.



COOPERATIVE
EXTENSION
SERVICE

UK
UNIVERSITY OF
KENTUCKY®

College of Agriculture,
Food and Environment

4-H Youth Development



Who are Kentucky 4-H'ers?

256,345 youth from around the state, or 32% of the K-12 grade population participate in 4-H in one or more delivery modes.

How do 4-H'ers participate?

- 154,257 members in 4-H clubs
- 93,082 participants in Special Interest and Short-term programming
- 24,140 campers in a variety of 4-H overnight and day camps
- 145,646 youth reached in School Enrichment Programs

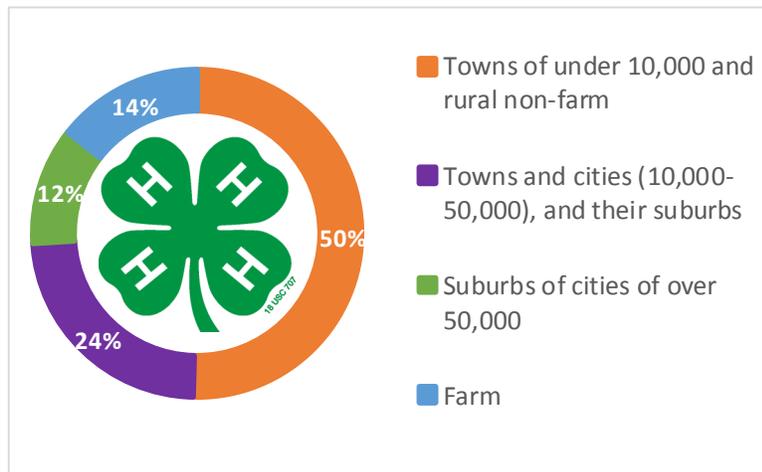


What are 4-H'ers studying?

- 142,452 in Citizenship
- 73,132 in Leadership
- 48,114 in Communications and Expressive Arts
- 13,056 in Civic Engagement
- 210,350 in SET-Science, Engineering and Technology
- 54,376 in Environmental/Earth Sciences
- 67,685 in Consumer and Family Science
- 29,921 in Technology and Engineering
- 30,577 in Animal and Plant Sciences
- 94,231 in Healthy Lifestyles programs
- 10,867 in Personal Safety
- 50,044 in Food and Nutrition
- 33,320 in Health



Where are we from?



Fast Facts

- 87,414 youth acquired one or more life skills through the 4-H Core Curriculum Areas.
- 25,283 youth demonstrated communication skills by presenting a speech or demonstration.
- 10,331 youth participated in the 4-H residential camping program.
- 46,971 youth increased knowledge of science related to natural resources and environment.
- 51,460 youth increased leadership skills and gained self-confidence.
- 44,448 youth increased personal money management skills.
- 4-H Programs exist in all 120 counties through the University of Kentucky / Kentucky State University Cooperative Extension Service.

Find your local County Extension Office at www.ca.uky.edu/county

"4-H is an opportunity to learn valuable life lessons, including the importance of responsibility, confidence, leadership, and friendship. It has helped me grow and develop not only as a leader, but also as a person. The skills that I have learned while growing up as a 4-H'er will be the most adequate and essential tools that I will use throughout the rest of my life."

Dakota, Harlan County

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